

THE INTERRUPTED PATH

Business Analyst & Founder of Grace Simba Charity

Charlene Grace

Empowerment in the face of adversity

Watch Charlene's story here: [Youtube](#)

Listen to Charlene's story here: [🎵](#)

Lesson Seed: Empowerment and Overcoming Challenges

Objectives:

1. Understand the story of Charlene Grace and her journey of overcoming challenges to achieve success.
2. Analyse the importance of perseverance and seeking support in overcoming obstacles.
3. Reflect on ways to empower oneself and others in the face of adversity.

Prior Knowledge:

- Basic understanding of challenges individuals may face.
- Familiarity with the concept of empowerment.
- Knowledge of the importance of education and support systems.

Cue Sets:

1. Discuss with a partner a time when you faced a difficult challenge. How did you overcome it?
2. Brainstorm ways in which individuals can support each other in times of need.

3. Reflect on a person who inspires you and share why they are an inspiration.

Direct Instruction Strategies:

1. **Storytelling:** Present the story of Charlene Grace, highlighting key points of her journey.
2. **Interactive Discussion:** Engage students in a discussion about the challenges Charlene faced and how she overcame them.

Practice Assignments:

1. Write a short reflection on the importance of seeking support when facing challenges.
2. Create a poster that showcases the qualities of a resilient individual.
3. Interview a family member or friend about a time they felt empowered to achieve a goal.

Team-Based Activities:

1. Role-play scenarios where students provide support and encouragement to each other.
2. Design a sketch that demonstrates the power of positive mentorship in overcoming obstacles.
3. Collaboratively create a list of resources available for individuals in need of support.

Deep Questions:

1. How did Charlene Grace's experiences shape her determination to succeed?
2. In what ways can individuals support each other in times of difficulty?
3. What are some strategies for staying motivated when faced with challenges?
4. How can empowerment benefit not only individuals but also communities?
5. Why is it important to believe in oneself even when others doubt your abilities?