

THE INTERRUPTED PATH

Director, Coach & Mentor of a boxing foundation

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Using boxing to learn and empower

Watch Leroy's story on: [Youtube](#)

Or listen to it by clicking here: [!\[\]\(e3f8612927870f2e0f9f5989e6dd3064_img.jpg\)](#)

Activities:

1. **Movie Inspiration:** Show short clips from movies like *Rocky* and discuss how the characters in the film show determination, perseverance, and empowerment. Ask students what qualities they admire in these characters and how they can apply similar traits in their own lives.
2. **Role Model Discussion:** Introduce the students to Bruce Lee, Sonny Liston, Rocky, and Apollo Creed. Discuss why these individuals are considered good role models and how their characteristics can inspire young people to achieve their goals. Encourage students to think about who their role models are and why.
3. **Representation Collage:** Provide magazines, newspapers, and art supplies for students to create a collage depicting diverse representations of individuals in various fields, including boxing. Discuss the importance of representation and how seeing diverse role models can empower young people.
4. **Introspective Writing:** Ask students to write a short journal entry reflecting on a time when they felt empowered or inspired. Encourage them to think about how they can empower themselves and others through their actions and choices.
5. **Boxing Fun Facts:** Share interesting facts about the sport of boxing, including its history, famous female boxers, and the physical and mental benefits of training. Encourage students to ask questions and express their thoughts on why girls should participate in boxing.

Questions:

1. **Would You Rather:** Would you rather train like Rocky for a day or learn martial arts from Bruce Lee for a week?
2. **Would You Rather:** Would you rather have Apollo Creed as your coach or Sonny Liston as your mentor in boxing?
3. **Would You Rather:** Would you rather have a movie about a female boxer or a male boxer as a role model?

Deep Question:

- **Deep Question:** How can seeing diverse role models in sports and entertainment industries impact young people's aspirations and self-esteem?

Applied Scenario-Based Question:

- **Scenario Question:** If you were a director making a movie about empowerment, what qualities would you showcase in the main character based on the inspirations from Rocky, Bruce Lee, Sonny Liston, and Apollo Creed?

Thought Experiment:

- **Thought Experiment:** Imagine a world where everyone had a positive role model to look up to. How would this influence society and individual growth?

Riddles:

1. **Riddle:** I am strong and fierce, yet graceful in the ring. Who am I?
2. **Riddle:** I inspire others to push beyond their limits, lifting them up like a champion. What am I?
3. **Riddle:** I come in all shapes, sizes, and colors, showing the world that strength knows no boundaries. What do I represent?